THE FOUR MONTHS ONLINE ADVANCED YOUTH BASKETBALL COACHING COURSE

Name and Surname:

REFLECTIONS DOCUMENT

Week 7

Topic: Basics of basketball offense;

Friday class: General principles of building basketball offense

Saturday class: Effective ways of offense organization with different teams

Please write to us reflections on each question up to 200 words.

These questions will help you to write your reflection:

1. Describe please the main principles on which you are building your offensive system.

2. What individual skills make a player strong in the offense?

3. What are the differences in organization of the offensive system when there is a strong center player in the team, and how does it change if there is no strong big player in the team?

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| Question 1 |
| Your reflections....... |
| Question 2 |
| Your reflections....... |

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| Question 3 |
| Your reflections....... |

After completing reflections PDF file should be sent to the email: ibulatvia@gmail.com