BASKETBALL FEDERATION OF KOSOVO

ONLINE BASKETBALL COURSE FOR YOUTH COACHES

Student name and surname:

REFLECTIONS DOCUMENT

Week 3. Development of technical skills for youth players

Topics:

Sessions:

Coach Andrius Vaicekauskas: Basketball shooting. From teaching to stabilization Part 1

Coach Andrius Vaicekauskas: Basketball shooting. From teaching to stabilization Part 2

Coach Dalius Lubys: Teaching ball dribbling technique for youth players

Coach Andrius Vaicekauskas: Effective drills for youth players passing ability

Please write to us reflections on analyzed topic. It is up to 200 words for each question.

Pleas answer to below presented question:

1. How to teach ball shooting techniques in youth basketball?

2. Describe please sequence of technic elements in the development of shooting ability for youth players.

3. What is the main focus during the process of teaching and developing players' ball dribbling ability?

4. What are the main differences while teaching and later developing ball passing ability in youth age?

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| Question 1 |
| Your reflections....... |
| Question 2 |
| Your reflections....... |

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| Question 3 |
| Your reflections....... |

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| Question 4 |
| Your reflections....... |

After completing reflections signed PDF file should be sent to the email: info@basketballstudies.com